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ADVOCACY NEWSLETTER

SEP 2023

Dear Partners and fellow Advocates

This month, we bring you some upcoming events which you can be a part of, such as the upcoming roadshows or which you can help spread the word about, like the mini-essay contest that secondary school students are invited to submit entries to. Don't forget to check out our insertions in the latest editions of Little Red Dot and IN. Also, read about the impact of maternal meth abuse on infants/children.

Email us at cnb_community_partnership@cnb.gov.sg if you have any feedback or questions on our programmes and activities!

ADVOCACY/COMMUNITY ROADSHOWS

Community roadshows are key touchpoints for CNB to engage the public on drug prevention. Learn about the harms of drugs and pick up practical tips on staying drug-free. Join us at our upcoming roadshows at these locations:



Event

Venue

Date/Time

Dadah Itu Haram Campaign – Youth Engagement	An Nahdhah Mosque 9A Bishan St 14 Singapore 579786	Sun, 8 Oct 2023 1.30pm–5pm
SINDA “Project Give” @Heartlands	Yuhua Community Club 90 Boon Lay Way Singapore 609958	Sun 22 Oct 2023 11am–2pm
SINDA “Project Give” @Heartlands	Henderson Community Club 500 Bukit Merah View Singapore 159682	Sat 28 Oct 2023 6pm–9pm



Interested in sharing the drug prevention message? Email us at **CNB_Community_Partnership@cnb.gov.sg** if you are keen to help out at any of our roadshows and events!



It’s time to unleash your creativity for our new Mini Essay Contest and stand a chance to win attractive cash prizes! Organised as part of the DrugFreeSG Video Competition, the Essay Contest is open to all secondary school students who want to share their thoughts on a drug-free future.

To participate, simply write a short essay between 300 and 500 words in response to any one of the two first-placed videos of the DrugFreeSG Video Competition 2023 under the “Youths” and “Young Adults” categories. Scan the QR code below to watch them now!



YOUTHS CATEGORY: 1ST PLACE “BRIDGE OVER TROUBLED WATERS” BY WHITLEY SECONDARY SCHOOL



YOUNG ADULT CATEGORY: 1ST PLACE WINNER “THE CHOICE WITHIN” BY LEMONCAGE

Let your voice be heard and spread the #DrugFreeSG message with the power of your words today! Scan the QR code below to check out the contest’s microsite.

Scan to join



Contest closes on 6 Oct 2023. Find out more at drugfree.sg/mini-essay-contest or email contact@drugfree.sg if you have any enquiries.

Have you submitted your entry for the Anti-Drug Ambassador Activity (AAA)?

Available as both a physical activity booklet and online lesson package on MOE's Student Learning Space (SLS), the AAA aims to engage and educate upper primary students on the harmful effects of drugs through interactive puzzles and an Anti-Drug Montage Competition.

Did you know? Schools with the best Anti-Drug Montage and top 10 schools with the Highest Participation Rate stand to win a \$500 cash prize each! If you need creative inspiration, check out a winning Anti-Drug Montage entry from Rivervale Primary School from last year.



Teachers, kindly note that the deadline is 17 Nov 2023. We look forward to receiving your entries!



Check out our latest content in school publications Little Red Dot (LRD) and IN! In Sep’s edition of LRD, put on your detective hats and bust some drug myths in this ‘Spot The Difference’ challenge. For IN, don’t mix up fakes and facts – learn how to be discerning and make the right choice to stay away from drugs.

All schools who subscribe to the publications should have received a copy by now. If not, scan the QR codes to read the articles.

SCAN TO READ



<https://go.gov.sg/lrd-sep2023>
Little Red Rot




<https://go.gov.sg/in-sep2023>
IN

In recent joint operations with the Singapore Police Force, CNB arrested several suspects for drug-related offences, one of whom was pregnant and tested positive for “methamphetamine” or “ice”. It was not the first time she had been arrested for drug offences and placed on community-based supervision order but admitted to relapsing back into smoking “ice”. She is now undergoing rehabilitation at the Drug Rehabilitation Centre.

A study by KK Women’s and Children’s Hospital found that infants whose mothers had abused drugs during their pregnancy were more likely to suffer from congenital defects, withdrawal symptoms and long-term developmental disorders.

Read below to find out the impact on infants/children caused by mothers who had abused “ice”.



**METHAMPHETAMINE
/ AMPHETAMINE**

Effect on infant	Long-term effect on child
<ul style="list-style-type: none">• Causes narrowing of blood vessels which restricts delivering of nutrients to fetus• Higher risk of low birth weight, being small for gestational age	<ul style="list-style-type: none">• Higher risk of long-term developmental issues

Scan to read a summary of the KKH report



HELP US SPREAD THE ANTI-DRUG MESSAGE



The **Anti-Drug Abuse Advocacy Network (A3 Network)** is a volunteer scheme jointly administered by the NCADA and CNB. The A3 Network, which is under the umbrella of the Home Team Volunteer Network comprises various groups of people who identify with, support and promote the anti-drug cause.

Help us grow the A3 Network by telling your friends about us and the volunteering opportunities with CNB. Scan the QR codes for more information about the different schemes, or drop us an email at cnb_community_partnership@cnb.gov.sg



Scan here to find out about the A3 Network and different advocates schemes



Anti-Drug Advocate Programme for youths aged 17 - 25 years old

Scan below to find out about the **Augmented Reality exhibition** and the **Virtual Heritage Gallery** that you can access at your convenience. Access PDE resources from our **PDE Handbook online**:



Scan here for the AR exhibition



Scan here for the virtual heritage gallery



Scan here for the PDE Handbook

Drop us an email at CNB_Community_Partnership@cnb.gov.sg if you would like to unsubscribe or add your colleagues into our mailing list!

If you come across drugs, or what you suspect to be drugs, you should call CNB hotline at **1800-325-6666**

For more information, please visit the CNB website at www.cnb.gov.sg

Connect with us:

@cnb.drugfreesg

SEP 2023

Mini Essay Contest	https://drugfree.sg/winners/ https://go.gov.sg/mini-essay-contest
Little Red Dot and IN	https://go.gov.sg/lrd-sep2023 https://go.gov.sg/in-sep2023
Impact of “Ice” abuse by pregnant mothers on infant/children	https://go.gov.sg/d1002u



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