

From: CNB Community Partnership (CNB)
Sent: Friday, 30 September 2022 9:20 am
Subject: [For Attention] PDE Newsletter Sep 2022

PREVENTIVE DRUG EDUCATION E-NEWSLETTER
SEPTEMBER 2022

Dear Partners and fellow Advocates,

In this issue, we bring you highlights of our events in September. We also have some exciting news to share with you - Winners of the DrugFreeSG Video Competition!

Email us at cnb_community_partnership@cnb.gov.sg if you have any feedback or questions on our PDE programmes and activities!



PDE PROGRAMME / [RESULTS!] DRUGFREESG VIDEO COMPETITION 2022

DRUGFREESG VIDEO COMPETITION 2022 WINNERS

Community Resilience

CATEGORY I

1ST
"HOPE FOR NEW TOMORROW"
WHITLEY SECONDARY SCHOOL

2ND
"REMEDY"
ST. JOSEPH'S INSTITUTION

3RD
"PATHLIGHT DRUG FREE VIDEO"
PATHLIGHT SCHOOL

MERIT
"HE WHO DARED TO CARE"
XINMIN SECONDARY SCHOOL
"LIGHT AT THE END OF THE TUNNEL"
AHMAD IBRAHIM SECONDARY SCHOOL

CATEGORY II

"MITHRAN"
TEMASEK POLYTECHNIC

"DAZED"
ITE COLLEGE CENTRAL

"STEP IN BEFORE IT'S TOO LATE"
ITE COLLEGE CENTRAL

"#STRONGER2GETHER"
REPUBLIC POLYTECHNIC
"A BROTHER'S LOVE"
REPUBLIC POLYTECHNIC

Get Updates!



@cnb.drugfree.sg

Congratulations to all winners of the DrugFreeSG Video Competition 2022! Great job to all participants for your hard work and effort in inspiring the community with your stories! Scan to check out all the other submitted entries.

CAT I (Dare to Care)



CAT II (Stronger Together))



Do continue to care for your community, spread anti-drug awareness to your family and friends, and get stronger together against drugs and drug abuse.

That's not all! Look out for the announcement on the most popular videos voted by your friends and family!

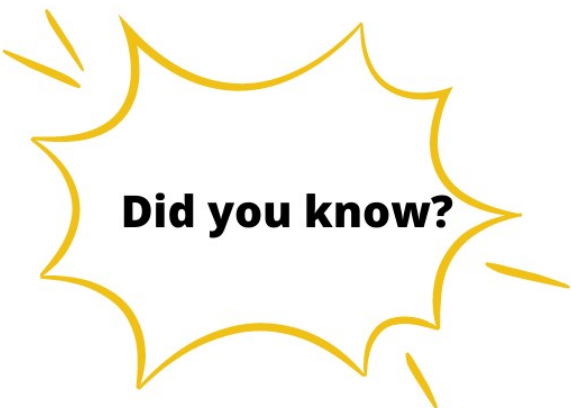
Have you submitted your entry for the Anti-Drug Ambassador Activity (AAA)?

On 29 Aug 2022, Associate Professor Muhammad Faishal Ibrahim, Minister of State (MOS), Ministry of Home Affairs and Ministry of National Development, visited Ai Tong School to observe their conduct of the AAA in class. The visit session featured a class of 33 Primary 5 students going through the activity booklet and the SLS lesson package as part of blended learning efforts. MOS Faishal also folded the anti-drug ribbon together with the students to pledge for the drug-free cause.



Teachers, do remember to submit the following by **18 November 2022 (Friday)**:

- Submission form with participation rate;
- Students’ feedback form (if consolidated manually);
- Teacher’s feedback form; and
- Entry for the Anti-Drug Montage Competition.



The top 10 schools with the best Anti-Drug Montage and top 10 schools with the Highest Participation Rate will win a \$500 cash prize each! We look forward to receiving your entries!



The AAA aims to engage and educate upper primary students on the harmful effects of drugs through interactive puzzles and an Anti-Drug Montage Competition. The activity booklets have been delivered to all primary schools and organisations. It is also available on MOE’s Student Learning Space (SLS) portal as an online lesson package!

PDE PROGRAMME / [BOOK NOW!] INTERACTIVE PDE SKITS

Book a show with us today!

The interactive skits aim to educate and engage students on the dangers of drug abuse through relevant humour and themes relatable to youths. Interactive segments like a Q&A quiz are also incorporated to strengthen students' understanding of the anti-drug message. The storyline and key messages of the skits are differentiated for primary, secondary and post-secondary levels.



'Three's A Crowd', a skit for primary school students conducted at Princess Elizabeth Primary School

If you have any questions or would like to make a booking, please contact tan_yan_zheng@cnb.gov.sg.

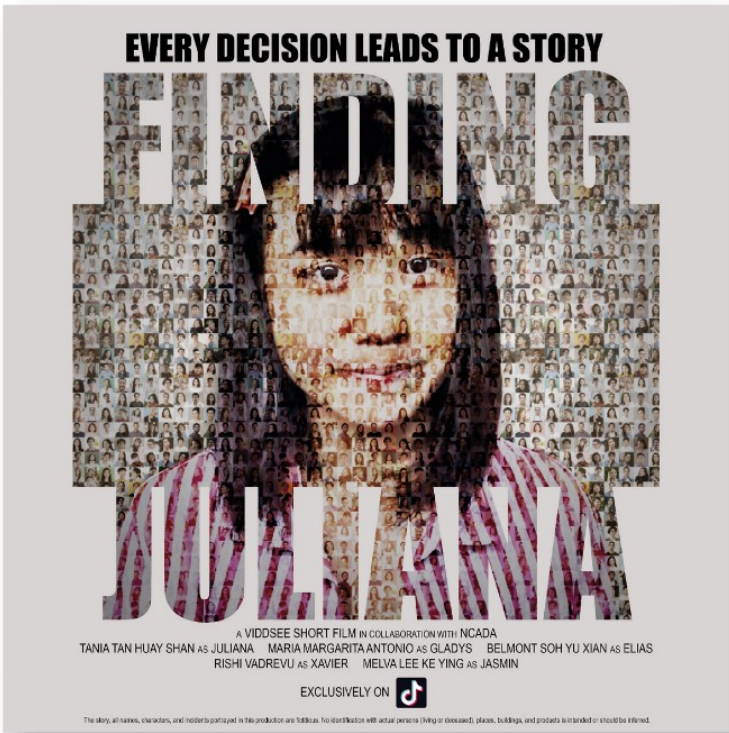
MEDIA/NCADA CAMPAIGN LAUNCH



National Council Against Drug Abuse (NCADA) has launched their campaign "What is your Fix?" on 22 September 2022. NCADA held a Media Preview where they shared the campaign objectives and launched their new TikTok Series where new episodes will be dropped daily.



Teaser



Follow the campaign on TikTok @Whatsyourfix now and visit the microsite at whatsyourfix.sg for more information.

Are you looking for programmes to engage your students after school?



CNB has a customised holistic programme to engage secondary school students after school. Teachers can mix and match the following options for students to learn more about the harms of drugs:

- Sharing by ex-abuser and/or anti-drug talk by CNB officer
- Video screening
- Augmented Reality (AR) exhibition
- Reflection



Frequently Asked Questions

- Q: What is the duration of the programme; and how many students can it accommodate?
A: Each session is about 1.5 hours, for 10 to 20 students. The session is conducted in the school’s premises, in accordance with safe management measures. Booking is to be done minimally two weeks in advance.
- Q: Do you have an online version of this programme?
A: Yes, CNB has a virtual version of the programme but certain components such as the AR exhibition will be excluded. Hence, we strongly encourage schools to book a physical session, where possible, to provide students with a more immersive experience.
- Q: If I do not have 10-20 students, can I still sign up for the programme?
A: Yes, we still welcome you to sign up. For virtual sessions, CNB can match you with another school with a similar situation so that we can run a combined session. When signing up through the PDE e-service, please indicate the number of students.
- Q: Are we able to mix students from different cohorts?
A: Yes, CNB can accommodate students from the different cohorts as long as it is kept at secondary level.
- Q: It is indicated that the programme is recommended for secondary school students. Can I also book for primary school students?
A: The ASE programme is catered for secondary school students. However, should you think it is also useful for your primary school students, we can put together a programme comprising an anti-drug talk, video screening, static exhibition and other activities. Please reach out to us at CNB_Community_Partnership@cnb.gov.sg.

APPROACHING DRUG ABUSE AND DRUG TRAFFICKING

In late August, Sport Singapore released a statement that CNB had investigated Joseph Schooling, 27, and fellow national swimmer Amanda Lim, 29, for the consumption of cannabis. While both their urine tests returned negative and there was no clear evidence that they were currently taking drugs, they had both admitted to consuming drugs in the past. Lim was given a stern warning for possessing a drug utensil, while Schooling was referred to the Ministry of Defence (MINDEF) as he is serving full-time National Service and was placed on a supervised urine test regime for six months following existing protocol.

Public response had been mixed with some showing support for second chances, while some queried on the seemingly “light” consequences. In a Facebook post by Minister for Home Affairs and Law Mr K Shanmugam, it was emphasized that while Singapore has a zero-tolerance policy on drug trafficking and imposes the capital punishment, the approach for individuals who solely abuse drugs is different. Since 2019, such individuals are not imprisoned and will not have a criminal record*. Rather, they will be channeled to a rehabilitation regime, which includes drug supervision and enrolment in the Drug Rehabilitation Centre (DRC). This, in the hopes that they can be reintegrated back into society more quickly and effectively.

**Note: Individuals who consume drugs and commit other offences will still be charged for their drug consumption offences as well as the other offences and sentenced to long-term imprisonment if found guilty. [Afternote: On 28 Sep 2022, a third national swimmer, Teong Tzen Wei was revealed to have also been investigated for drug-related offences.]*

WHAT THIS MEANS FOR ANTI-DRUG ADVOCACY

There is a common misconception on Singapore’s approach to the drug issue, particularly in the definitions of ‘drug abuse’ and ‘drug trafficking’. Drug abuse refers to the harmful or hazardous use of psychoactive substances and illicit drugs, while drug trafficking refers the selling, distributing, transporting, or importing of unlawful controlled substances. While both are offences under Singapore law, the approaches and punishments tagged onto them are different. The conflation of the two terms may result in an inaccurate understanding of Singapore’s drug approach, which may fuel negative sentiments and reduce levels of support.

WHAT CAN YOU DO?

As advocates, it is helpful and important to clarify misunderstandings on how drug abuse and drug trafficking are managed in Singapore. Singapore’s drug-control strategy is targeted at reducing both drug supply and demand. We adopt a comprehensive harm prevention strategy, comprising Preventive Drug Education, Local and International Engagement, Firm Laws and Rigorous Enforcement, and Structured Rehabilitation and Aftercare Programmes.

RESOURCES



Facebook Post by Minister for Home Affairs and Law Mr K Shanmugam (1st Sept, 2022)



Keeping Singapore Drug Free



Second Reading Speech for Misuse of Drugs Act Amendment Bill (2019)

HELP US SPREAD THE ANTI-DRUG MESSAGE

The **Anti-Drug Abuse Advocacy Network (A3 Network)** is a volunteer scheme jointly administered by the NCADA and CNB. The A3 Network, which is under the umbrella of the Home Team Volunteer Network comprises various groups of people who identify with, support and promote the anti-drug cause.



Help us grow the A3 Network by telling your friends about us and the volunteering opportunities with CNB. Scan the QR codes for more information about the different schemes, or drop us an email at cnb_community_partnership@cnb.gov.sg



Scan here to find out about the A3 Network and different advocates schemes



Anti-Drug Advocate Programme for youths aged 17 - 25 years old

In adjusting to the new normal, some of our physical PDE programmes and activities have also gone online. Scan below to find out about the **Augmented Reality exhibition** and the **Virtual Heritage Gallery** that you can access at your convenience:



Scan here for the AR exhibition



Scan here for the virtual heritage gallery

If you come across drugs, or what you suspect to be drugs, you should call CNB hotline at **1800-325-6666**

For more information, please visit the CNB website at www.cnb.gov.sg

Connect with us:



@cnb.drugfreesg

CENTRAL NARCOTICS BUREAU

SEPTEMBER 2022

Communications Division
DID: (65) 6557 3217



Central Narcotics Bureau  [W www.cnb.gov.sg](http://www.cnb.gov.sg) [FB fb.com/CNB.DrugFreeSG/](https://fb.com/CNB.DrugFreeSG/) [IG ig.com/CNB.DrugFreeSG/](https://ig.com/CNB.DrugFreeSG/)

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