

From: CNB Community Partnership (CNB)  
Sent: Friday, 25 March 2022 2:51 pm  
Subject: [For Attention] PDE Newsletter Mar 2022

Message Classification: Confidential

PREVENTIVE DRUG EDUCATION E-NEWSLETTER  
MARCH 2022



Dear Partners and fellow Advocates,

Welcome to the third issue of CNB's Preventive Drug Education (PDE) E-newsletter for 2022!

In this issue, we continue to provide you with updates on our upcoming events and programmes. We also cover inspiring stories on how some of our advocates are helping to raise awareness about drug abuse prevention in the community.

Email us at [cnb\\_community\\_partnership@cnb.gov.sg](mailto:cnb_community_partnership@cnb.gov.sg) if you have any feedback or questions on our PDE programmes and activities!

WATCH / COMMITTEE OF SUPPLY DEBATE 2022



Follow us @CNB.DrugFreeSG on Facebook and Instagram!



At the Committee of Supply Debate 2022, Assoc Prof Muhammad Faishal Ibrahim shared on CNB's Preventive Drug Education (PDE) efforts. Some of the key points covered in the speech included leveraging social media to secure mindshare to build a drug-free Singapore, and to engage more stakeholders to build a concerted pledge of support for the anti-drug cause.

CNB will continue to strengthen the resilience of youths and forge a strong national consensus of zero tolerance towards drugs.

Watch the speech here



<https://ps.gov.sg/cnb-csd2022>

Great news! Our BRAND NEW **Anti-drug Ambassador Activity booklets** are coming your way with a content refresh, exciting storylines and fun challenges! Stand a chance to win cash prizes too!

The **Anti-drug Ambassador Activity 2022** will commence from **April to November 2022**. The activity booklets will be progressively distributed to all primary schools and community organisations from April onwards.

Stay tuned for more updates!







The **DrugFreeSG Video Competition** is back this year! We dare you to bring out the best in you to care for our community and emerge stronger together! Form a team of up to 5 members and stand to win attractive prizes! Competition is now open until **29 July 2022**.

Theme: Community Resilience

Category I (youths – aged 12 to 16): **Dare to Care**

Category II (young adults – aged 17 to 25): **Stronger Together**

Sign up for our free virtual videography workshop coming up on **23 April** and learn filmmaking tips from industry-leading professionals! For more details, you may contact [info@drugfreesg.com](mailto:info@drugfreesg.com).

We seek schools’ and organisations’ support to promote to youths and encourage those interested in video production to join the competition and workshop.

Sign up for the free virtual workshop here!







Central Narcotics Bureau Presents

# After-School Engagement Programme



- Anti-drug Talk and Reflection
- Augmented Reality Exhibition
- Ex-abuser Sharing
- Video Screening

Reach Out To Us

Mr Idrus Shaaban  
(Idrus\_Shaaban@cnb.gov.sg)

CNB\_Community\_Partnership  
@cnb.gov.sg

Connect with us:



@cnb.drugfree.sg

If you have not already heard, CNB has a customised holistic programme to engage secondary school students after school. Teachers can mix and match the following options for students to learn more about the harms of drugs:

- Sharing by ex-abuser
- Anti-drug talk by CNB officer
- Video screening
- Augmented Reality (AR) exhibition
- Reflection

Each session is about 1.5 hours, starting from 2pm or 3pm on weekdays for 10 to 20 students. The session is conducted in the school's premises, in accordance with safe management measures. Booking is to be done minimally two weeks in advance.

This is a meaningful and enriching programme for your students.

For enquiries, please email [Idrus\\_shaaban@cnb.gov.sg](mailto:Idrus_shaaban@cnb.gov.sg) or [CNB\\_Community\\_Partnership@cnb.gov.sg](mailto:CNB_Community_Partnership@cnb.gov.sg)



Book our PDE e-service now!

## FAQ

**Q: If I do not have 10-20 students, can I still sign up for ASE programme?**

A: Yes, we still welcome you to sign up. CNB can match you with another school with a similar situation so that we can run a combined session. When signing up through the PDE e-service, please indicate the number of students.

**Q: Are we able to mix students from different cohorts?**

A: Yes, CNB is able to accommodate students from the different cohorts as long as it is kept at secondary level.

**Q: It is indicated that the programme is recommended for secondary school students. Can I also book for primary school students?**

A: The ASE programme is catered for secondary school students. However, should you think it is also useful for your primary school students, we can put together a programme comprising an anti-drug talk, video screening, static exhibition and other activities. Please reach out to us at [CNB\\_Community\\_Partnership@cnb.gov.sg](mailto:CNB_Community_Partnership@cnb.gov.sg).

**Q: Do you have online version of this programme?**

A: Yes, in view of the COVID-19 situation, CNB has introduced a virtual version of the ASE programme. However, certain components such as the AR exhibition cannot be implemented. We seek your understanding on this.



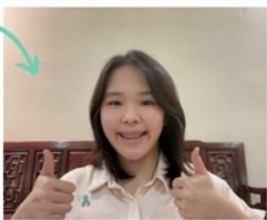
ANTI-DRUG ADVOCATE (ADA)



Meet our  
**Singaporeans against Drugs!**  
2022 UNODC Youth Forum: 28 Feb - 4 March  
(traditionally held in Vienna, but now virtual due to COVID-19)



Francine representing Singapore in the virtual forum, exchanging ideas on substance-abuse prevention with 73 other young leaders and active advocates from around the globe



Here's Francine!

Youths can play their part in keeping Singapore drug-free too! Meet Francine Tan, our Anti-Drug Advocate (ADA) and Singapore's youth representative at the United Nations Office on Drugs and Crime (UNODC) Youth Forum 2022.

Check out what motivated Francine to become an ADA



<https://go.gov.sg/ada-unodc2022>

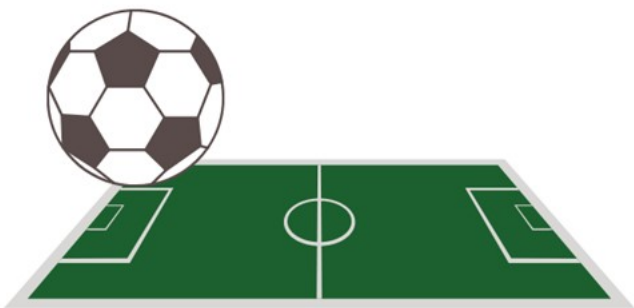
Francine's feature on SPH's IN magazine (Feb edition)



<https://go.gov.sg/in-magazine>

BOTHAIPORULAI ETHIRTHU NIRPOM (BEN) CAMPAIGN

In collaboration with SINDA FC (Singapore Indian Development Association), the Bothaiporulai Ethirthu Nirpom (BEN) campaign organised a football training session for youths. Through the football mentorship, CNB officers also shared about their personal experiences with the youths, highlighting the importance of maintaining a healthy and drug-free lifestyle.



Meet our  
**Singaporeans against Drugs!**



SINDA FC members and some of our CNB officers from the BEN team engaging in a football mentorship programme



Through a football mentorship programme, SINDA FC teaches youths not just soccer skills and techniques ... more importantly, also resilience and life skills that would be valuable in their development.

#SGAD

HELP US SPREAD THE ANTI-DRUG MESSAGE

The **Anti-Drug Abuse Advocacy Network (A3 Network)** is a volunteer scheme jointly administered by the NCADA and CNB. The A3 Network, which is under the umbrella of the Home Team Volunteer Network comprises various groups of people who identify with, support and promote the anti-drug cause.



Help us grow the A3 Network by telling your friends about us and the volunteering opportunities with CNB. Scan the QR codes for more information about the different schemes, or drop us an email at [cnb\\_community\\_partnership@cnb.gov.sg](mailto:cnb_community_partnership@cnb.gov.sg)



Scan here to find out about the A3 Network and different advocates schemes



Anti-Drug Advocate Programme for youths aged 17 - 25 years old

In adjusting to the new normal, some of our physical PDE programmes and activities have also gone online. Scan below to find out about the **Augmented Reality exhibition** and the **Virtual Heritage Gallery** that you can access at your convenience:



Scan here for the AR exhibition



Scan here for the virtual heritage gallery

Safe distancing does not mean self-isolation. Stay engaged, stay informed, take care of each other and stay safe!

If you wish to report on drug-related matters, please call the CNB hotline at **1800-325-6666**

For more information, please visit the CNB website at [www.cnb.gov.sg](http://www.cnb.gov.sg)



For more information, please find the appended for the links to the QR codes that are mentioned in the articles.

	Titles	Links
1	Watch / Committee of Supply Debate 2022	- <a href="#">Committee of Supply Debate 2022 [Video]</a>
2	Competition / DrugFreeSG Video Competition 2022	- <a href="#">Sign up for the free virtual workshop</a>
3	PDE Programme / After-School Engagement (ASE) Programme	- <a href="#">CNB's PDE e-service</a>
4	Advocacy / Anti-Drug Abuse Advocacy (A3) Network	- <a href="#">Francine's feature on CNB's Facebook</a> - <a href="#">Francine's feature on SPH's IN magazine (Feb edition)</a>
5	Preventive Drug Education Online	- <a href="#">More On A3 Advocate Schemes</a> - <a href="#">Anti-Drug Advocate Programme For Youths 17 – 25</a> - <a href="#">AR Exhibition</a> - <a href="#">Virtual Heritage Gallery</a>





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